

*the*  
**MENU**



## Sample menu

### Breakfast

Cooked Breakfast

Selection of cereals and porridge

Toast and preserves .

Tea, coffee and fruit juices

### Lunch

Beef in Ale Pie with mashed potatoes and seasonal vegetables or

Salmon Fishcakes with boiled potatoes and peas

Wild Berry Eton Mess

or

Apple Strudel with ice cream

### Dinner

Homemade Soup of the Day

Selection of fresh sandwiches

Roasted Tomato, Chive and Goats Cheese Quiche with new potatoes and green vegetables

Apple and Raspberry Crumble with custard

This sample menu is representative of a typical day